

Health Support Bundle

(Administer Medication, Continence Care and Infection Prevention and Control)

Learning aims and outcomes

Online learning and face to face practical assessment in medication, continence and infection control, as a basis for client support in the community.

This course is a combination of three online courses.

Assist with Medication

This module is designed to guide support workers through the process of administering medication in the workplace. You will learn key responsibilities in the process of preparing medication for a client, with a focus on maintaining client safety, reducing the risk of errors and what to do when things don't go to plan.

Basic Continence Support

With a focus on safe client support, this module guides support workers through the provision of basic bowel and urinary support. Here you will learn how to provide bowel support, including the administration of suppository and micro-enema and how to provide urinary support, including catheter care and support with a penile sheath.

Infection Prevention and Control

This learning module has been designed to provide support workers with the underpinning knowledge and skills to practice infection prevention and control when supporting clients in the community.

You will explore common types of infection, develop an understanding of the chain of infection and how to prevent and control spreading infections.

Downloadable resources and video demonstrations provide detailed guidance on client support and help you **prepare for practical assessment**.

Please allow approximately five (5) hours to complete this online course, and 40 minutes for your practical assessment.

Learning Outcomes

Upon successful completion of this course, you will be able to:

Infection Prevention and Control

- define the term infection and list the other key terms relating to infection
- name the types and causes of infection
- explain the stages in the chain of infection
- describe different modes of transmission

- apply infection prevention strategies using standard and transmission-based precautions
- outline the responsibilities of workers and employers in infection control, including risk identification and reporting
- explain the importance of safe food handling and key infection control considerations when shopping, storing, and preparing food

Administer medication

- demonstrate an understanding of the different types of medication
- explain your duty of care responsibilities in medication administration and when to seek medical advice
- identify potential adverse events related to medication administration
- follow the safe process for preparing medication, including checking the Rights and all required supporting information
- apply strategies to minimise errors in medication administration
- describe the importance of medication storage and stock control
- identify and follow required documentation practices for medication administration
- demonstrate the safe medication checking process

Continence care

- explain ways to promote and maintain healthy bowel and urinary function
- define incontinence and recognise contributing factors
- list common medications used to treat and prevent constipation
- explain the importance of bowel support
- demonstrate how to safely administer suppository and micro-enema
- describe key considerations for urinary and catheter support
- list the core principles of catheter care
- outline your duty of care when providing client support, including when to seek medical advice.